Luncheon Menu

Meals prepared by Lakeview Restaurant & Catering

APRIL 2012

CSSC, Inc. was established in 1981 as a duly authorized 501 (c) 3 not-for-profit corporate

COLONIE SENIOR Service Centers, Inc.
6 Winners Circle
Albany, NY 12205

Monday	Tuesday	Wednesday	Thursday	Friday
4/2 Special Lunch Meatloaf w/ gravy Mashed potatoes Mix veg Strawberry rhubarb Pie	4/3 Vegetable Lasagna Pineapple Juice Garden Salad Fruit Ice	4/4 Chicken Florentine O'Brien Potato Carrots Orange Juice Cheese Cake	4/5 Roast Beef w/ gravy Mash Potatoes Mix Vegetable Mandarin Oranges	4/6 Oven Fried Fish Sweet potato Fries Harvard Beets Angel Food Cake w/ Strawberries
4/9 Roast Pork Oven Brown Potatoes Brussel Sprouts	4/10 Roast Beef w/Gravy Mashed Potatoes Carrots Orange Juice	4/11 Veal Parmesan Ziti w/ Sauce Apple Juice Peaches	4/12 Stuffed Peppers Green Salad Cornbread Ambrosia	4/13 Meatball Sub Cole Slaw Pineapple Juice Pears
4/16 Pork on bun Orange Juice Mix vegetable Pineapple	4/17 Seafood Newburg Brown Rice Broccoli Brownies	4/18 Roast Chicken Sweet Potato Green Beans Ice Cream	4/19 Cheese Tortellini Alfredo Tossed Salad Tomato Juice Sherbet	4/20 Chicken A La King On Biscuit Pineapple juice Wax Beans Mandarin Oranges
4/23 Swedish Meatballs Over Noodles Tomato Juice Peas & Carrots Carrot Cakes	4/24 Chicken Chow Mein On Brown Rice Broccoli Sugar Cookie	4/25 Baked Pork Mashed Potatoes Carrots Apple Sauce	4/26 Fish Fillet Macaroni & Cheese Stewed Tomatoes Apple Juice Tropical Fruit	4/27 Manicotti Pineapple Juice Tossed Salad Fruit Ice
4/30 Slit Pea soup Chicken Sandwich Broccoli Slaw Tomato Juice Fruit Cocktail	**Also available:** ***Fruit Salad Plate*** **(1/2 cup cottage cheese, 1/2 cup fruit, 1 cup salad mix no dressing, 3/4 cup peanut butter) or** ***Tuna Salad Plate*** **(1/2 cup tuna Sslad, 1/2 hard boiled egg, 1 cup salad mix, no dressing). Suggested participant contribution is $3 for Daily Lunch, $5 for those under 60 years of age, (Special Lunches & Special Dinners are $5 & $7 for those under 60 years of age). Contributions are used to expand our lunch programs.** **This program is funded in part by the Albany County Dept. for Aging, the NYS Office for Aging, US Administration on Aging, the Town of Colonie and participant contributions.**			

Meals are served Mon. - Fri. at the **Beltrone Living Center**; **Guilderland Town Hall** Tuesdays; **Bishop Broderick Apartments** Tues. - Thurs.; **Colonie Community Center** Weds; **Carondelet Commons** 3rd Thursday.; **Sheehy Manor** Thursday; **Colonie Memorial Town Hall** 2nd Friday; **St. Ambrose Church** 2nd Thursday , **St. Basil's Russian Orthodox Church** 3rd Friday. Everyone is welcome at all locations. *No membership is required. Six Winners Circle, Colonie, NY 12205*

Call 459-2857 ext. 303 with reservations by 12pm of the previous business day

Special Luncheon

Monday, April 2, 2012

12:00pm

Menu

Meatloaf w/Gravy

Mashed Potatoes

Mixed Vegetables

Dessert:

Strawberry Rhubarb Pie

Featuring:

Joe Cybulski

Broadway Classical